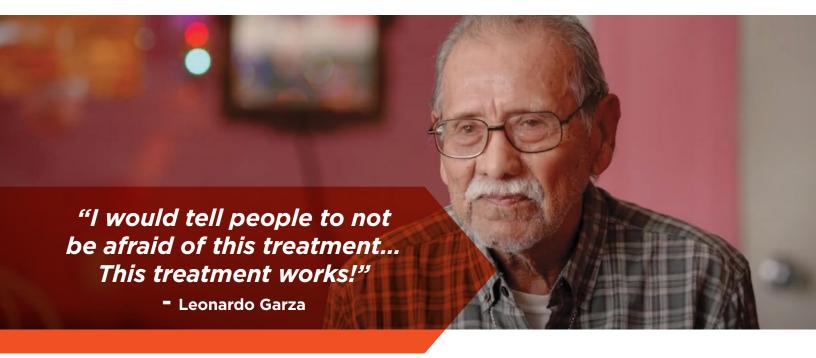
## my**TCAR**story

## Leonardo Garza



Leonardo Garza of San Antonio, Texas has faced several health complications that made the TCAR procedure the best treatment option for his carotid arteries. He is now living a happier and healthier life thanks to Dr. Ochoa and her team at SAVE Clinic.

After experiencing painful symptoms and trouble sleeping, 74-year-old Leonardo Garza visited the San Antonio Vascular and Endovascular Clinic (SAVE), where he learned that one of his carotid arteries was blocked. His diagnosis required surgery to prevent him from having a stroke, but due to his pre-existing health conditions, open surgery was a high risk.

Garza had calcified arteries and had been experiencing complications in his heart and lungs. His doctor, Lyssa Ochoa, a vascular surgeon, recommended that he undergo the Transcarotid Artery Revascularization (TCAR) procedure: a minimally invasive procedure that can clear blocked carotid arteries.

"TCAR is a special procedure because it is unique in that it combines open surgery and a less invasive procedure with catheters, wires, and stents," says Dr. Ochoa. "It's great because it involves a smaller incision, less bleeding, a shorter time in the operating room and less time in the hospital."

Garza was pleased to know that there was a less invasive procedure for him than other major surgeries. "Naturally, I was very happy about this," says Garza. "The TCAR procedure was better for me than other procedures that have been done to my body."

"TCAR was better for Mr. Garza because he did have a lot of medical complications that made general anesthesia more risky. He was more comfortable knowing that this procedure was less invasive than a major surgery."

- Dr. Lyssa Ochoa

Garza was aware of his high-risk health condition and learning about TCAR gave him the comfort and peace of mind needed to undergo the procedure. "I am extremely happy with Dr. Ochoa and her team because they are very efficient and what can I say, they made me feel well," says Garza.

To watch Leonardo's story and learn more about Carotid Artery Disease, visit: www.protectionfromstroke.com

TCAR is done with a small incision just above the collarbone. During the procedure, a small tube or catheter is inserted into the carotid artery and is attached to a filtering system that directs blood flow away from the brain. This system protects against any debris from the procedure reaching the brain and causing a stroke. A stent is placed directly into the carotid artery to keep the plaque from moving, preventing future strokes.



